

Reference No.																		
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SELF-ASSESSMENT GUIDE

Qualification:	HAIRDRESSING NC III		
Units of Competency covered:	<ul style="list-style-type: none"> • Perform Advanced and Creative Haircutting • Perform Advanced and Creative Hair Coloring • Perform Advanced and Creative Hair Perming 		
Instruction: Read each question and check the appropriate column to indicate your answer.			
Can I?	YES	NO	
Perform Advance and Creative Haircutting			
1. Select, check, prepare, sanitize and record appropriate supplies, tools and materials, in accordance with advance and creative haircutting procedures, product specification, and OSH policies and guidelines*			
2. Select, check, prepare, sanitize, sterilizes and record appropriate cutting tools and equipment with advance/creative haircutting procedures, product specification, manufacturer' manual of instructions, and OSH policies and guidelines*			
3. Provide Personal Protective Equipment (clothing/materials) in accordance with advance/creative haircutting procedures and OSH policies and guidelines. *			
4. Prepare, identify, check and sanitize workstation in accordance with Creative Hairstyling procedures and OSH policies and guidelines. *			
5. Follow safety practices in accordance with OSH polices and guidelines. *			
6. Present and select hair catalog and haircut styles to be agreed upon by both parties. *			
7. Determine fashion sense, personality, lifestyles according to client's personal preferences. *			
8. Check, analyze and record client's hair texture, length, condition and scalp condition in accordance with Advance/Creative Haircutting procedures and OSH policies and guidelines. *			
9. Check and analyze client's shape of face in accordance with Advance/Creative Haircutting procedures and OSH policies and guidelines. *			

10. Advise client to remove all personal accessories for safe keeping. *		
11. Follow draping procedures in accordance with Advance/Creative Haircutting procedures and OSH policies and guidelines. *		
12. Shampoo and or/condition hair in accordance with established shampooing and conditioning procedures in accordance with Advance/Creative Haircutting procedures and OHS policies and guidelines. *		
13. Use and apply appropriate supplies materials, and hair implements in accordance with Advanced/Creative Haircutting procedures, product specification and OSH policies and guidelines. *		
14. Use appropriate cutting tools in accordance with advanced/ Creative Haircutting procedures, product specification and OSH policies and guidelines. *		
15. Operate appropriate equipment in accordance with Advanced/Creative Haircutting procedures, manufacturer's manual of instruction and OSH policies and guidelines. *		
16. Perform appropriate parting and section to client in accordance with advanced/ creative haircutting procedures and OSH policies and procedures. *		
17. Perform haircut in-accordance with-established haircutting procedures and haircutting/texturizing techniques and OSH policies and guidelines. *		
18. Ensure client's safety and comfort during the entire process*		
19. Provide first-aid treatment to the client or referred to health personnel, where necessary. *		
20. Use and apply cutting tools and Texturizing Techniques for touch-up requirements in accordance with advanced/creative haircutting procedures and OH&S policies and guidelines		
21. Blow-dry and cross-check hair for accuracy in accordance with established blow-drying techniques and comply for finishing requirements following with and necessary adjustments according to required advanced/creative haircutting procedures and OSH policies and guidelines.		
22. Apply and style hair touch-up and finishing products as per client's requirements in accordance with Advance / Creative Haircutting procedures, product specification and OSH policies and guidelines.		
23. Advise client on proper hair care maintenance in accordance with advanced/creative haircutting procedures and product specification.		

24. Clean, sanitize, replenish and store materials, supplies tools & equipment and implements in accordance with creative haircutting procedures, product specification, manufacturer's manual of instruction OSH policies and guidelines. *		
25. Clean, sterilize and store cutting tools in accordance with creative haircutting procedures, product specification, OSH policies and guidelines. *		
26. Segregate and dispose waste materials properly following Sanitation Code of the Philippines. *		
27. Clean and prepare workplace area for next service activity *		
28. Record, file and store documents in accordance with advanced/creative haircutting procedures.		
Perform Advanced and Creative Hair Coloring		
29. Select, check, prepare, sanitize and record appropriate supplies, materials, tools and equipment in accordance with Creative hair coloring procedures, product specification and OSH policies and guidelines. *		
30. Check and prepare appropriate color product forms in accordance with Creative hair coloring procedures and product specifications. *		
31. Provide Personal Protective Equipment (clothing/materials) in accordance with advance/creative hair coloring procedures and OSH policies and guidelines. *		
32. Prepare, identify, check and sanitize workstation in accordance with Creative hair coloring procedures and OSH policies and guidelines.		
33. Follow safety practices in accordance with OSH polices and guidelines. *		
34. Consult client for possible skin allergies in accordance with advance/creative hair coloring procedures and OH&S polices and guidelines. *		
35. Present color chart to the client and color is selected and agreed upon by both parties. *		
36. Analyze, recognize, check and record client's hair texture, length, type, condition and scalp condition are in accordance with advanced/creative hair coloring procedures and OSH polices and guidelines. *		
37. Check hair for appropriate color option application in accordance with advanced/creative hair coloring procedures and OSH policies and guidelines. *		
38. Present and select coloring technique according to client's request in accordance with creative hair coloring procedures, OSH policies and procedures. *		

39. Advise client to remove all personal accessories. *		
40. Use protective clothing and materials in accordance with advanced/creative hair coloring procedures and OSH policies and guidelines. *		
41. Drape client in accordance with established draping procedures and OSH policies and guidelines to avoid stains. *		
42. Shampoo client's hair to remove dirt and build-up of styling products and ensure that the scalp will not scratches, when necessary. *		
43. Apply and use tools, materials, implements in accordance with advanced/ creative hair coloring procedures and OSH requirements. *		
44. Mix and apply coloring products and developer according to established creative/advanced hair coloring procedures. *		
45. Perform coloring technique in accordance with established creative/advanced hair coloring procedures, and OSH policies and guidelines		
46. Ensure and practice client's safety and comfort during the entire process. *		
47. Advise client on hair care maintenance in accordance with product specification and OSH policies and guidelines		
48. Clean, sanitize, and store tools, products, supplies, materials and equipment's in accordance with Hair Coloring procedures, product specification, manufacturer's manual instruction and OSH policies and guidelines requirements. *		
49. Segregate and dispose waste material according to Sanitation Code of the Philippines. *		
50. Record, file and store documents in accordance with creative/advanced hair coloring procedures		
Perform Advanced and Creative Hair Perming		
51. Select, check, prepare, sanitize, and record appropriate supplies, materials, and tools in accordance with advanced/Creative-Hair perming procedures, product specification and OSH policies and guidelines. *		
52. Prepare, set, check, sanitize appropriate equipment in accordance with Advanced/Creative Hair perming procedures, product specification and OSH policies and guidelines. *		
53. Check and prepare perming products in accordance with advanced/creative hair perming procedures and product specifications. *		
54. Provide client Personal Protective Equipment (clothing/ material) in accordance with advanced hair perming procedures and OSH policies and guidelines. *		

55. Prepare, check and sanitize workstation in accordance with Creative hair coloring procedures and OSH policies and guidelines. *		
56. Follow safety practices in accordance with FDA and OSH polices and guidelines *		
57. Present hair catalogue to the client and Types of hair curls is selected and agreed upon by both parties. *		
58. Analyze, recognize, check and record client's hair texture, length, type and condition in accordance with advanced/creative hair perming procedures and OSH polices and guidelines. *		
59. Check, recognize and record client's scalp condition if free from scratches open wounds and determined allergies and irritation following advance/creative hair perming procedures *		
60. Consult client on Creative Perm Style to be used in accordance with advance hair perming procedures and OSH policies and procedures. *		
61. Assess built of the client for appropriate size of drapery in accordance with advance. Creative hair perming procedures and OSH policies and guidelines. *		
62. Advise client to remove all personal accessories. *		
63. Determine chemically treated hair in order to apply appropriate hair treatment in accordance with advanced/creative hair coloring procedures, product specification and OSH policies and procedures. *		
64. Advise client to defer hair perming based on adverse scalp and health conditions, where necessary. *		
65. Provide first aid treatment to client or refers to appropriate health personnel, where necessary. *		
66. Check and use supplies, materials and tools in accordance with advanced /creative hair perming procedures and OSH polices and guidelines. *		
67. Check and operate perming machine/equipment in accordance with advanced /creative hair perming procedures, manufacturer's manual of instructions, FDA notification and OSH polices and guidelines. *		
68. Check, use and apply perm solution and hair perming is performed in accordance with established advanced /creative hair perming procedures, product specification, FDA notification and OSH polices and guidelines. *		
69. Check perm hair result according to perm requirements or outcome following product specification, manufacturer's manual of instruction and in accordance with advanced/creative hair perming procedures and FDA notification. *		

70. Ensure client's safety and comfort during the entire process. *		
71. Provide first-aid treatment to the client or referred to health personnel, where necessary. *		
72. Taper / trim and styles hair in accordance with haircutting procedures and advanced hair perming procedures if necessary. *		
73. Check, apply, use and style client's hair with finishing products in accordance with advanced hair perming procedures.		
74. Confirm client's satisfaction and adjustments are made if required.		
75. Advise client on hair care maintenance in accordance with advanced/creative Hair Perming procedures, product specification and FDA notification OSH policies and guidelines.		
76. Clean, sanitize, sterilize and store tools, materials, supplies and equipment in accordance with advanced/creative Hair Perming procedures, manufacturer's manual instruction and FDA notification and OSH policies and guidelines. *		
77. Segregate and dispose waste material according to Sanitation Code of the Philippines. *		
78. Clean and prepare workplace for next service activity. *		
79. Record, file and store documents in accordance with advanced/creative hair perming procedures		
I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.		
Candidate's Name and Signature		Date

* Critical Aspects of Competency